

### STORIES OF OUR STUDIES



Simon Floodgate
Teaching & Learning Conference
22<sup>nd</sup> January 2020



### WHAT IS IT?

a pilot project in 2018-19 within the Institute of Education as a part of the work of the 'Student Well-being' teaching and learning group.

a University teaching and learning enhancement (mini) project 2018-19 with a further follow-up funding award 2019-20

#### WHY?



"In the 18 months between October of 2016 and April of 2018, 11 Bristol University students died by suspected suicide. In the year-and-a-half since, that number has risen to at least 13."

www.vice.com/8Oct2019

"The rate of suicide in the 12 months ending July 2017 for higher education students in England and Wales was 4.7 deaths per 100,000 students, which equates to 95 suicides"

ons.gov.uk/2018-06-25

18 years as a personal/academic tutor



### PLAYBACK THEATRE

a form of reflective practice in which students' experiences, regarding all aspects of their studies, are witnessed and validated through Playback Theatre...

...participants tell a story (e.g. handling teamwork, an incident during a placement, a challenging conversation), it is immediately recreated by student-actors who give it artistic shape and coherence.



## **ENACTMENT**





### PLAYBACK THEATRE

"...truth, life or reality is an organic thing which the poetic imagination can represent or suggest, in essence, only through transformation, through changing into other forms than those which were merely present in appearance."

(Williams, T, 1945)



## PGCE SECONDARY 1<sup>ST</sup> MARCH, 2019

"Super fun, made me feel better about some of the things I'm stressing out about (placements, job hunt etc.)"

"Every subject on PGCE <u>NEEDS</u> this. It should be given to all. This is great for wellbeing/mental health."

"this really helped reflect my practice..."



## **OPEN SHOWCASE 5<sup>TH</sup> JUNE, 2019**

"...it has been very important to realise 'who are they?' when interacting with staff (or even students) – i.e. community – it can beat loneliness; i.e. make for greater wellbeing & confidence with life in general"

"A great experience – this must be continued & expanded university wide."



## MA EDUCATION 12<sup>TH</sup> NOVEMBER 2019

"International student struggle [sic] with some problems. With this info I feel not alone and these challenges belong to many students"

"...all the students have similar problems of balancing life and study and we are in the same boat. All the mothers who are full time students are heroes"

# MA EDUCATION 12<sup>TH</sup> NOVEMBER 2019



"I should not feel alone. Those of my peers are facing the same problems as me. It was a beautiful stress-free break and I felt more motivated to go on with my MA studies"

"People have lots of stories/things going on that we don't always know about! It was really nice to hear stories from my peers"



## MA EDUCATION 12<sup>TH</sup> NOVEMBER 2019

"There is great value in having your thoughts externalised by others rather than just keeping them to yourself"

"Helped rethink my purpose of being here"

"UNFORGETTABLE"



#### **EVALUATION**

#### 45 out of 47 participants responded

(1 left early as was non-scheduled observer)

Was this session useful?

**Yes - 44** 

No - 1

Was this session enjoyable?

**Yes - 45** 

No - 0

Would you recommend this session?

Yes - 39

No - 0

No response - 6



### THE STAGE IS SET





## **MUSIC**







## THE ACTORS ARE READY





## **LET'S WATCH!**



### STUDENT TEAM

Louise Blaney
Lucy Frost
Oli Battersby
Sarah Woodman
Vicky Jeakinsova
Limcy Philomina
(project assistant)

**BA Education Studies** 

**BA Education Studies** 

**BA Education Studies** 

Film, Theatre & Television

Film, Theatre & Television

Phd Biological Sciences



### WHAT NEXT?

Train more students as a part of the performing team

Roll out across the University – embedded within programmes?

**Link with RUSU** 

???